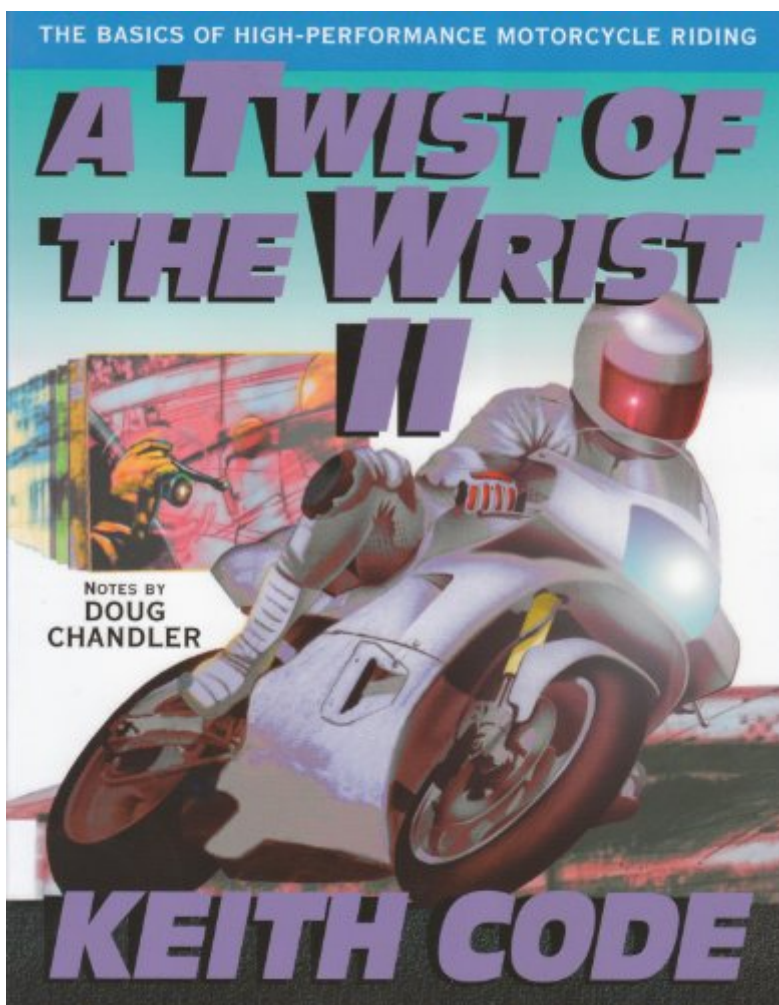


The book was found

A Twist Of The Wrist II: The Basics Of High-Performance Motorcycle Riding



Synopsis

Motorcycles weren't designed by opinions or good advice and riding them is the same. Keith Code's *A Twist of the Wrist II* describes with precision the essential riding techniques that all riders need to understand. Code lays out the seven knee jerk 'Survival Reactions' which every rider has experienced and clearly describes how they are, in every case, contrary to good technique. It is the first book to describe these and goes on to define, in step-by-step detail, the proper technical skills necessary to overcome them. Having good technical riding skills allows riders to conquer their fears and overcome their barriers to cornering. The book contains twenty-six chapters of exact procedures which address: Rider input, Steering, Precision Visual Skills, Braking, Body Position, Throttle Control, Lines, the different types of Traction and much more. *A Twist of the Wrist II* is based on Code's vast experience: acknowledged worldwide, Keith has trained and coached more riders and more champions than anyone else in the history of the sport. His California Superbike Schools have run in seventeen countries at one hundred and eleven tracks and are the number one school in all of them. A world wide best-seller since its publication and translated into seven languages, this go-to book for all motorcyclists from weekend riders to racers is now available in eBook format for your convenience.

Book Information

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Customer Reviews

Overall this is a very good book for riders wanting to understand why the motorcycle handles the way it does and explaining some of the things that usually go unnoticed in daily riding. I feel this book is targeted towards the average street rider wanting to know some of the underlying details behind motorcycle behaviour and taking more control over it. The book leaves out the complicated physics of the motorcycle handling process and presents the material in an easy to understand form. Even though, the main text of the book is very well presented, I did however, feel that the added comments were sometimes distracting and unnecessary.

Grat book, i have lern a lot of think about driving motocycle. I would like to have more pictures or drows to undertend butter

This will help your riding, but take it with a grain of salt as a lot of the techniques have been improved upon and better defined in recent years. Read it and then continue your research and practice elsewhere and with other sources.

The book was a good read but it is more for racers than street riders. Has a lot of great advice and pointers that I am now trying to incorporate into my riding which has helped.

The book is great for motorcycle beginners and advanced racing bikers. It's easy to read and understand the concept, and most importantly easy to apply in daily riding. It's also strengthening bikers' riding safety by increasing the riding knowledge and bike behaviour. It's also enjoyable to gain some racing, sliding, abnormal bike handling skills. It really enriches the riding experience and safety. Highly recommend to bikers!!!!

I watched the movie first and then read the book for clarification. I have never ridden better and less tense/anxiously before reading this. Finally I understand how to avoid trouble in slippery turns!

Worth a read whether your a new rider or an old one needing a refresher on the basics of going

fast...this is a good read.

Technical information on the physics of a motorcycle and excellent information on how the rider can influence these inherent characteristics of a bike. Some excellent information on how a rider can overcome the survival responses that all riders have to deal with. I can't wait to attend the schools!

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