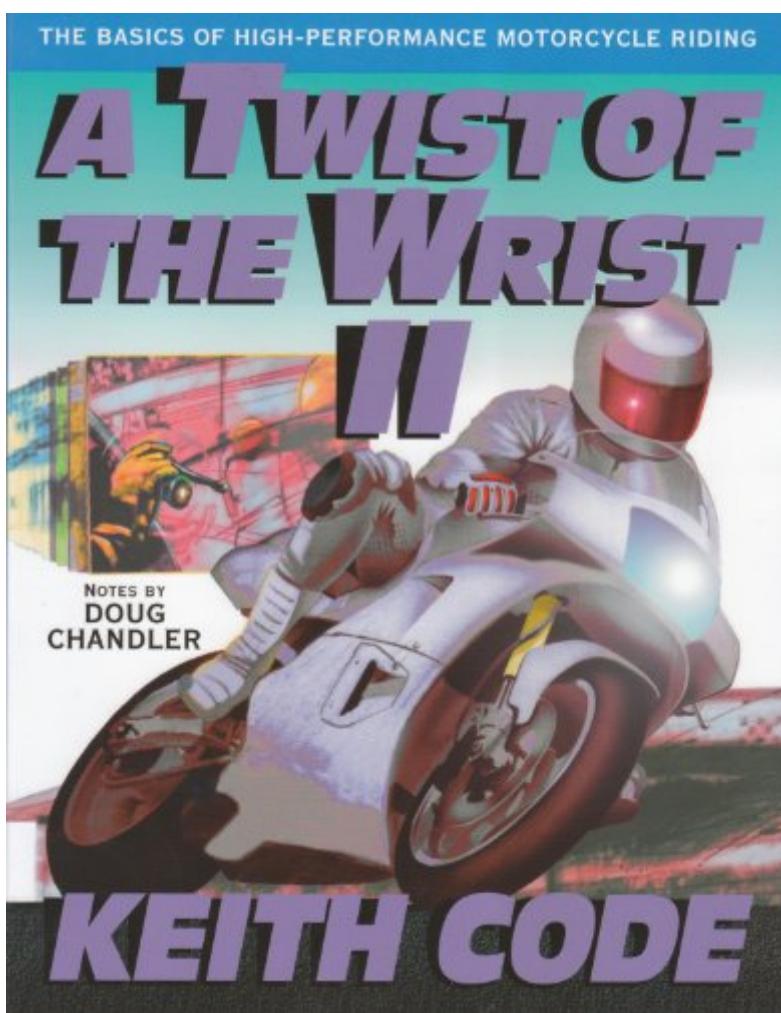


The book was found

A Twist Of The Wrist II: The Basics Of High-Performance Motorcycle Riding



Synopsis

Motorcycles weren't designed by opinions or good advice and riding them is the same. Keith Code's A Twist of the Wrist II describes with precision the essential riding techniques that all riders need to understand. Code lays out the seven knee jerk 'Survival Reactions' which every rider has experienced and clearly describes how they are, in every case, contrary to good technique. It is the first book to describe these and goes on to define, in step-by-step detail, the proper technical skills necessary to overcome them. Having good technical riding skills allows riders to conquer their fears and overcome their barriers to cornering. The book contains twenty-six chapters of exact procedures which address: Rider input, Steering, Precision Visual Skills, Braking, Body Position, Throttle Control, Lines, the different types of Traction and much more. A Twist of the Wrist II is based on Code's vast experience: acknowledged worldwide, Keith has trained and coached more riders and more champions than anyone else in the history of the sport. His California Superbike Schools have run in seventeen countries at one hundred and eleven tracks and are the number one school in all of them. A world wide best-seller since its publication and translated into seven languages, this go-to book for all motorcyclists from weekend riders to racers is now available in eBook format for your convenience.

Book Information

File Size: 6443 KB

Print Length: 172 pages

Publisher: Code Break Books; 2 edition (August 15, 2013)

Publication Date: August 15, 2013

Sold by: Digital Services LLC

Language: English

ISBN-10: 098520012X

ISBN-13: 978-0985200121

ASIN: B00F8IN5K6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #115,963 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #16
in Kindle Store > Kindle eBooks > Nonfiction > Sports > Extreme Sports #41 in Books > Sports & Outdoors > Extreme Sports

Customer Reviews

Overall this is a very good book for riders wanting to understand why the motorcycle handles the way it does and explaining some of the things that usually go unnoticed in daily riding. I feel this book is targeted towards the average street rider wanting to know some of the underlying details behind motorcycle behaviour and taking more control over it. The book leaves out the complicated physics of the motorcycle handling process and presents the material in an easy to understand form. Even though, the main text of the book is very well presented, I did however, feel that the added comments were sometimes distracting and unnecessary.

Grat book, i have lern a lot of think about driving motocycle. I would like to have more pictures or drows to undertend butter

This will help your riding, but take it with a grain of salt as a lot of the techniques have been improved upon and better defined in recent years. Read it and then continue your research and practice elsewhere and with other sources.

The book was a good read but it is more for racers than street riders. Has a lot of great advice and pointers that I am now trying to incorporate into my riding which has helped.

The book is great for motorcycle beginners and advanced racing bikers. It's easy to read and understand the concept, and most importantly easy to apply in daily riding. It's also strengthening bikers' riding safety by increasing the riding knowledge and bike behaviour. It's also enjoyable to gain some racing, sliding, abnormal bike handling skills. It really enriches the riding experience and safety. Highly recommend to bikers!!!!

I watched the movie first and then read the book for clarification. I have never ridden better and less tense/anxiously before reading this. Finally I understand how to avoid trouble in slippery turns!

Worth a read whether your a new rider or an old one needing a refresher on the basics of going

fast...this is a good read.

Technical information on the physics of a motorcycle and excellent information on how the rider can influence these inherent characteristics of a bike. Some excellent information on how a rider can overcome the survival responses that all riders have to deal with.I can't wait to attend the schools!

[Download to continue reading...](#)

A Twist of the Wrist Vol. 2: The Basics of High-Performance Motorcycle Riding A Twist of the Wrist II: The Basics of High-Performance Motorcycle Riding A Twist of the Wrist: The Motorcycle Roadracers Handbook A Twist of the Wrist: The Motorcycle Road Racers Handbook High Fiber Recipes: 101 Quick and Easy High Fiber Recipes for Breakfast, Snacks, Side Dishes, Dinner and Dessert (high fiber cookbook, high fiber diet, high fiber recipes, high fiber cooking) Total Control: High Performance Street Riding Techniques, 2nd Edition Total Control: High Performance Street Riding Techniques Prospect's Bible: "How to Prospect for a Traditional, Law Abiding Motorcycle Club" (The Motorcycle Club Bible Book 1) Prospect's Bible: "How to Prospect for a Traditional, Law Abiding Motorcycle Club (Motorcycle Club Bible) (Volume 1) Indian Motorcycle(R): America's First Motorcycle Company Modern Motorcycle Technology: How Every Part of Your Motorcycle Works (Motorbooks Workshop) Motorcycle Journeys Through North America: A guide for choosing and planning unforgettable motorcycle journeys FAST 2016 Motorcycle PinUp Calendar Digital Yearbook: Fast Dates World Superbikes, Iron & Lace Custom Motorcycles & Garage Girls PinUp Calendars (FAST Motorcycle PinUp Calendar Digital Yearbook) The Unwritten Rules of Motorcycle Riding Riding on the Edge: A Motorcycle Outlaw's Tale Riding: The Game of Polo (Riding series) Trail Riding Western Montana (Falcon Guides Trail Riding) High Blood Pressure Cure: How To Lower Blood Pressure Naturally in 30 Days (Alternative Medicine, Natural Cures, Natural Remedies, High Blood Pressure ... Cures for High Blood Pressure, High Bl) WP210 - Bastien Piano Basics - Performance - Primer Level (Primer Level/Bastien Piano Basics Wp210) Performance-Based Medicine: Creating the High Performance Network to Optimize Managed Care Relationships

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)